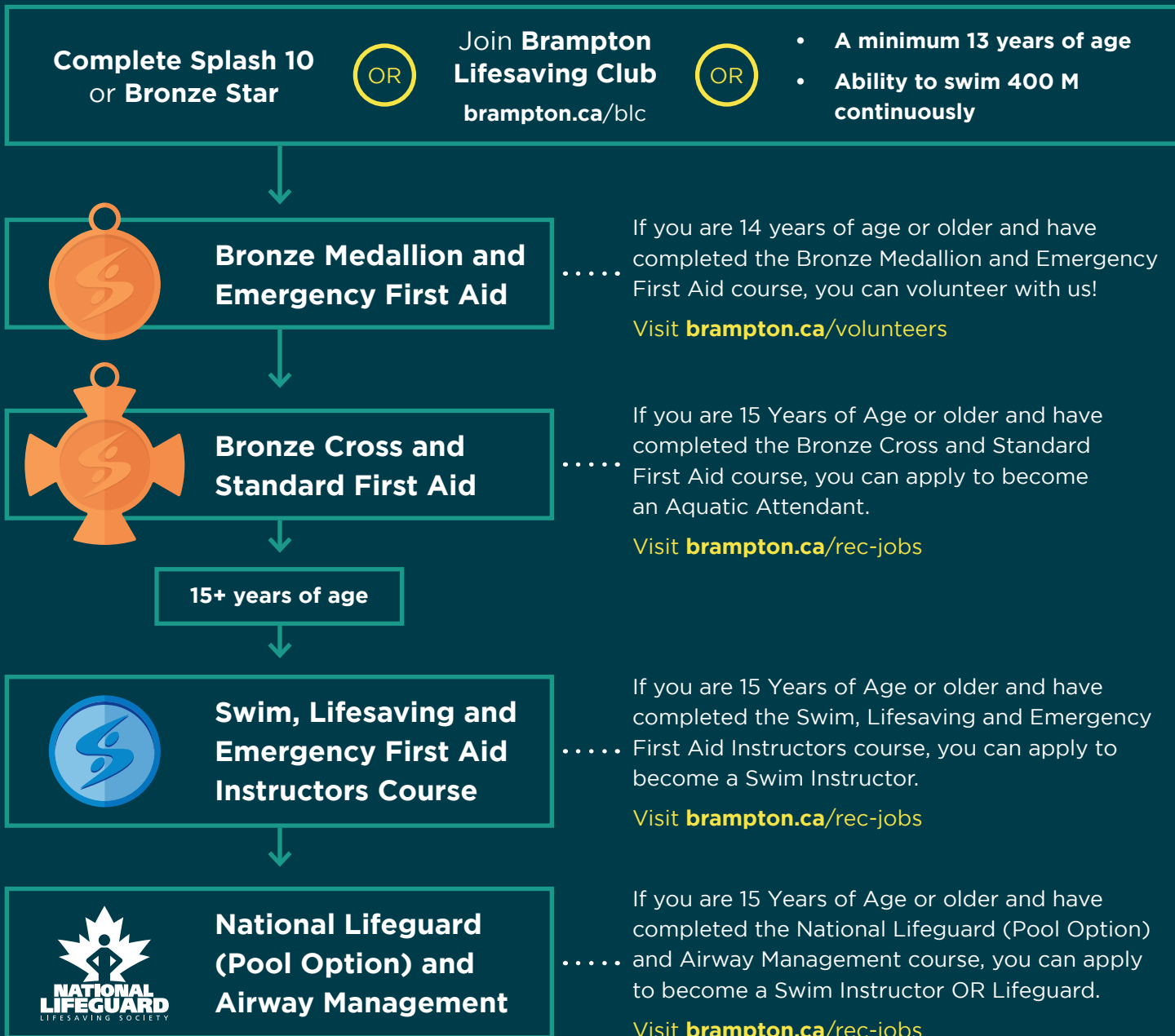# How to Become a
LIFEGUARD OR SWIM INSTRUCTOR

Completing Aquatic Certifications can lead to employment with the City as a lifeguard or swim instructor.

Complete Splash 10 or Bronze Star

OR

Join **Brampton Lifesaving Club**
brampton.ca/blc

OR

- A minimum 13 years of age
- Ability to swim 400 M continuously

Bronze Medallion and Emergency First Aid

If you are 14 years of age or older and have completed the Bronze Medallion and Emergency First Aid course, you can volunteer with us!

Visit **brampton.ca**/volunteers

Bronze Cross and Standard First Aid

If you are 15 Years of Age or older and have completed the Bronze Cross and Standard First Aid course, you can apply to become an Aquatic Attendant.

Visit **brampton.ca**/rec-jobs

15+ years of age

Swim, Lifesaving and Emergency First Aid Instructors Course

If you are 15 Years of Age or older and have completed the Swim, Lifesaving and Emergency First Aid Instructors course, you can apply to become a Swim Instructor.

Visit **brampton.ca**/rec-jobs

National Lifeguard (Pool Option) and Airway Management

NATIONAL LIFEGUARD
LIFESAVING SOCIETY

If you are 15 Years of Age or older and have completed the National Lifeguard (Pool Option) and Airway Management course, you can apply to become a Swim Instructor OR Lifeguard.

Visit **brampton.ca**/rec-jobs

Continue developing your leadership skills with our team.

Opportunities include:
- National Lifeguard (waterfront option)
- First Aid Instructor

For more information on certifications, courses and employment opportunities, visit **brampton.ca/aquatic-certs**

a AQUATICS

BRAMPTON